

HALIFAX

metro®

NEWS
WORTH
SHARING.



SWEET DEAL!

SAVE

ON OBLIGATORY TRANSIT CONVERSATIONS WITH COWORKERS

When you ride to work in a Subaru Impreza.
Contrary to what this coupon implies, this is not an actual coupon.


SUBARU
Confidence in Motion

  03432405

UNTOUCHABLE SAVINGS!

DOUBLE

THE SYMMETRICAL FULL-TIME ALL-WHEEL DRIVE

When you ride to work in a Subaru Impreza.
Contrary to what this coupon implies, this is not an actual coupon.


SUBARU
Confidence in Motion

  01090100

NO WAY!?

75% LESS

CHANCE OF BEING ASKED FOR MONEY

When you ride to work in a Subaru Impreza.
Contrary to what this coupon implies, this is not an actual coupon.


SUBARU
Confidence in Motion

  05018800

YOWZERS!

BUY ONE GET ONE

SUBARU IMPREZA
ODOUR-FREE RIDE TO WORK

When you ride to work in a Subaru Impreza.
Contrary to what this coupon implies, this is not an actual coupon.


SUBARU
Confidence in Motion

  23011987

HOLY MOLY!

HALF OFF

ARBITRARY AND INEXPLICABLE TRANSIT DELAYS

When you ride to work in a Subaru Impreza.
Contrary to what this coupon implies, this is not an actual coupon.


SUBARU
Confidence in Motion

  042553012

WHAAAT??!

FREE

CONFIDENCE

When you ride to work in a Subaru Impreza.
Contrary to what this coupon implies, this is not an actual coupon.


SUBARU
Confidence in Motion

  68723698


SUBARU
Confidence in Motion

GET MORE WHEN YOU COMMUTE IN A SUBARU IMPREZA.

THE 2013 SUBARU IMPREZA



**UNLIKE PUBLIC TRANSIT, IT HAS A MEDIA HUB,
TOP SAFETY RATINGS, AND ROOM TO ACTUALLY EXHALE.**



SUBARU

Confidence in Motion

While you're sitting on public transit, just imagine your commute in a new Subaru Impreza. No weird smells, no overhearing awful music, and nobody asking you for spare change. And with a ton of great features like excellent fuel efficiency and symmetrical full-time All-Wheel Drive, heading into work will be a lot more exciting. subaru.ca



Staying Connected

Bluetooth® mobile phone connectivity is standard on all Impreza models. All models also have a MediaHub with Bluetooth® streaming audio, allowing connection to an iPod® or USB.



SUBARU BOXER Engine

2.0L, horizontally opposed 4-cylinder engine producing 148 hp; choice of manual or optional Lineartronic® CVT automatic transmission.



2013 IMPREZA
WELL EQUIPPED FROM **\$19,995***

**SYMMETRICAL
AWD**

*Fuel consumption figure rating posted by Natural Resources Canada of 5.5 L/100 km (highway) for a 2013 Subaru Impreza equipped with continuously variable automatic transmission and a 55 L fuel tank capacity. Fuel consumption figure should only be used for vehicle comparison purposes. Actual fuel consumption will vary based on driving conditions, driver habits and vehicle load. *Ratings of "Good" are the highest rating awarded for performance in four safety tests (moderate overlap front, side, rollover and rear) conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). To earn a 2013 TOP SAFETY PICK, a vehicle must receive a "Good" rating in all four of these tests. *MSRP of \$19,995 on 2013 Impreza 2.0i 4-door (DF1 BP). MSRP excludes Freight & PDI of \$1,595. Taxes, license, registration and insurance are extra. \$0 security deposit. Models shown: 2013 Impreza 2.0i Limited Package 4-door (DF1 LP). MSRP of \$26,895. 2013 Impreza 2.0i Sport Package 5-door (DG1 SP). MSRP of \$24,795. Dealers may sell for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. See your local Subaru dealer for complete program details.

HALIFAX metro®

NEWS
WORTH
SHARING.



Think Pink

Nova Scotian anti-bullying organizers expecting to have same impact as anti-smoking, seat-belt campaigns **PAGE 3**

Unanimous approval

HRM budget passes with flying colours **PAGE 4**

Pirates taking on Iceland

The country that brought us Björk votes into parliament three members of Internet-freedom party **PAGE 6**

DO SUPERPOWERS MAKE SUPER RICHES?

OK, SO THEY SAVE LIVES. MORE IMPORTANTLY, THOUGH, ARE THEY BRINGING HOME THE BACON? **PAGE 8**



FINALS FANTASY

Ryan Lovett shows off the tickets he bought to the QMJHL finals on Tuesday after waiting for nine hours at the Metro Centre box office. Tickets for games 1 and 2 of the finals sold out in 20 minutes. **Story, page 2 PHILIP CROUCHER/METRO**

Downtown's changing face

Trouble or transition?
Three bars closed in one month, but business association claims area is going through a restaurant shift

Although news of the Pogue Fado's closure disappointed many Haligonians Monday, one restaurant expert said it's hard to operate during the "worst climate" in the scene's history.

Gordon Stewart of the Restaurant Association of Nova Scotia said the Irish bar's sudden closure is concerning, "but the numbers kind of support it in a way."

"The margins are razor thin, the thinnest I've ever seen them," Stewart said.

In the last decade, Stewart said bar and restaurant sales dropped by \$14 million in Nova Scotia: \$9.1 million of that is in Halifax.

The social change whereby people drink at home and go downtown later has also taken a toll on bars, Stewart said, and for the Pogue, a student crowd has its drawbacks.

"You're going more than half the week with very low business, then high-volume business on the weekends. It's just not high enough to sustain the kind of costs that you're carrying," Stewart said.

Stewart also said with fewer people downtown during the day, restaurants have lost lunchtime revenue to the fringes of the city where more office buildings are popping up.

"You can go down Argyle Street ... and you'll be lucky if you find 50 people in all the restaurants, where in St. John's, Nfld., there'd be 50 people in one," he said.

In a Facebook post, the owners of the Pogue cited the "current business environment downtown" as a factor in its closure.

Paul MacKinnon of the Downtown Business Association

Halifax bars

"It's a really tough business right now."

Gordon Stewart of the Restaurant Association of Nova Scotia

tion said he's not sure what the owners mean by that, but said the high rents on Barrington Street need to come down to attract new businesses and help existing ones.

While the Pogue is the third bar to close this month, behind the Palace and G Lounge, MacKinnon said those other businesses are simply changing and will reopen with more of a focus on dinner than drinks.

"There's concerns about things like late-night violence in cabarets, but we may be seeing more of a natural shift towards bringing people downtown earlier," MacKinnon said.

"Things are changing in the industry. I wouldn't say that there's necessarily a decline."

HALEY RYAN/METRO

CHAMILIA

YOUR LIFE. YOUR STYLE.

New Styles for Spring

Beads Starting at \$26⁰⁰

Featured Bracelets Starting at \$147⁰⁰



CHARM
DIAMOND CENTRES

Shop online today charmdiamonds.com

911 complaint

Police allege man caught masturbating while driving in Dartmouth

A 36-year-old man from Fletcher Lake has been charged with committing an indecent act for allegedly masturbating while driving.

At about 3:20 p.m. on Monday, police received a 911 complaint about a man driving on Pinecrest Drive while masturbating. Police say it appeared he was paying attention to children in the area.

Police allege he drove down the street in a white Honda several times before leaving.

A physical description of the man, along with the vehicle licence plate, was given to police by witnesses and the man was arrested at his home about an hour later.

Ryan Edward Byrne, 36, is due in Dartmouth provincial court on Tuesday to face three counts of committing an indecent act.

Police believe he is the same person involved in similar incidents on April 8 and 9. **METRO**

Suspect fled scene: Cops

Man facing charges after two seriously injured in Gottingen Street stabbing

Police say a 40-year-old man is in custody after two people were stabbed in an apartment on Gottingen Street on Monday night.

At 11:45 p.m., police say an altercation broke out inside the apartment and a man stabbed a 25-year-old woman and a 44-year-old man.

Both victims were taken to hospital with injuries described as serious but non-life-threatening.

Police say the suspect fled the scene but was arrested in the area and remains in police custody.

The investigation continues and police say exact charges haven't been determined.

METRO

Ron Hache of Halifax is all smiles after being first in line to get Halifax Mooseheads final tickets at the Metro Centre on Tuesday. PHILIP CROUCHER/METRO

Tickets gobbled up fast for Moose final

Playoff fever.

Both games sell out in 20 minutes



PHILIP CROUCHER
philip.croucher@metronews.ca

Ryan Lovett wasn't taking any chances.

The diehard Halifax Mooseheads fan arrived at the Metro Centre box office on Tuesday at 1 a.m. to make sure he got tickets for Games 1 and 2 of the QMJHL final against the Baie-Comeau Drakkar.

And sure enough, when the

Feeling the team spirit

"I just knew it was going to be crazy."

Halifax Mooseheads fan Ryan Lovett

box office opened nine hours later, he left proudly with upper-bowl seats to both games.

"All the other rounds I was here between 4:30 and 5 a.m. I knew this time it was going to be crazy," he said, smiling, as about 100 people remained waiting in line behind him.

What may be even crazier is Lovett wasn't even the first in line.

That honour belonged to

Ron Hache, of Halifax, who arrived at 12:30 a.m.

"My brothers are coming into town and it's on my shoulders to get the good tickets," he said.

"It was long night, but it was fun though," he added. "Met some nice people."

There were 5,000 tickets available to the general public for each of the two games.

The capacity crowds will

be the second and third of the playoffs. Halifax also had a full house of 10,595 fans for Game 1 of its third-round series against the Rouyn-Noranda Huskies.

When taking into account these two upcoming sellouts, Halifax is averaging 10,091 fans per game this post-season.

As to predictions, the consensus among those waiting in line is the Mooseheads will beat the Drakkar, and win the club's first QMJHL title.

"I'm hoping we can sweep, but you never know," Lovett said. "We're facing Baie-Comeau and they're a strong team. If they can make it this far ... you never know."



The future home of the Discovery Centre. EMILY KITAGAWA/FOR METRO

Discovery Centre has \$1M reasons to smile

Time frame

The Discovery Centre is scheduled to move into its new premises by the end of 2014.

The Discovery Centre was given a \$1-million donation from the Medavie Health Foundation on Tuesday.

The gift is in support of a science gallery, newly named the Medavie Health Gallery, to be located in the centre's soon-to-be new home on Lower Water Street inside the Nova Scotia Power building.

"Our hope is that this innovative science gallery will

educate and empower visitors of all ages to rejuvenate their own mental and physical health and, in turn, create

healthier communities," Steve Parker, chairman of Medavie Inc., said in a press release.

Dov Bercovici, president and CEO of the Discovery Centre, said in the same release that the new partnership with Medavie Health — along with research done in the region — "will dramatically change attitudes, perceptions and behaviours about health and mental health." **METRO**

'It's our job as Nova Scotians to do this'

Prevention. Pink Day founder hopes people of province take lead on changing bully culture



HALEY RYAN
haley.ryan@metronews.ca

Travis Price says he hopes a new website and anti-bullying programs through the Red Cross can change our society, so people like Rehtaeh Parsons never feel alone again.

Price, founder of the Pink Day movement, launched pinkday.ca with the Canadian Red Cross to raise money for bullying prevention like the RespectED program and provide resources for kids and parents.

"With recent events that have happened in this province, it's our job as Nova Scotians to do this," Price said during the launch at the Atlantic Red Cross headquarters in Burnside on Tuesday.

"We all failed. So it's important that we work and we build to make things



Travis Price stands in front of a projection of a new website he developed with the Canadian Red Cross for Pink Day — an anti-bullying campaign — Tuesday morning at the Atlantic Canadian Red Cross headquarters in Burnside. EMILY KITIGAWA/METRO

better, so we don't have that happen again," Price said in reference to Rehtaeh, a Cole Harbour teen who took her own life after years of bullying.

The website also has pink T-shirts and hats for sale, with a logo created by B.C. students showing a robot saying "Even I Have Feelings," and the words "Every

Day is Pink Day" on the back. Paul Kells, founder of Upstanders and a Pink Day promoter, says 10 per cent of T-shirt money goes to Red Cross programs and 20 per cent to community teams, schools or work-safety courses.

"I'm convinced it's going to have the same impact as seatbelt campaigns, smoking campaigns ... led by kids but supported by adults," Kells said of the anti-bullying movement.

Part of the site will show-case stories from kids — as well as adults in the workplace — about the times a friend has stood up against a bully for them or offered support.

"If we can create a new, positive social norm and kids get that most people are not bullying, and most people will step forward, then we've really accomplished something," Kells said.

Woman recalls 'lynching' remark in discrimination case

A woman accusing her former employer of racial discrimination says a lynching comment was "the last straw."

Garnetta Cromwell testified Tuesday before the province's Human Rights Commission regarding a complaint filed against Leon's Furniture Store, her employer from October 2004 to May 2008.

Cromwell, an African-Canadian, alleged the word "lynching" was used before she went to a performance-

review meeting in early May 2008. She said four supervisors were in the office at the Burnside location when one of them made a discriminatory comment.

"As I was coming to the office, he said, 'Everyone out, it's time for a lynching,'" she testified on Tuesday. "I was speechless."

Cromwell resigned from Leon's three weeks later and filed her complaint with the commission at the end of the month.

Cromwell also alleged she was called racial names during her tenure at Leon's, including "Condoleezza Rice," "Contessa" and "sunshine," a derogatory word her mother told her meant "you're so black that it shines."

In another instance, Cromwell said a supervisor touched her hair and said, "It felt like wool."

During her testimony, Cromwell welled up with tears as she described the anxiety disorder she de-

Resumption

The hearing will resume Thursday morning.

veloped due to the alleged discrimination she faced.

"Everything was falling, crashing down on me," she said.

An independent adjudicator for the commission will determine whether any discrimination occurred.

Lisa Teryl, counsel for the commission, told reporters discrimination doesn't need to be the main factor in determining an employment disadvantage under the Human Rights Act.

"If any part of that disadvantage is connected to race, it contaminates everything, and so we find that's discrimination," Teryl said.

Cromwell is seeking loss of income and general damages from Leon's Furniture. CLARK JANG/FOR METRO



Garnetta Cromwell METRO

VETERINARY HOSPITAL ASSISTANT

Our Veterinary Hospital Assistant program will equip you with the knowledge and skills essential to succeed in primary animal care and prepare you to become an integral member of any veterinary care environment.

If you have a passion for working with animals and providing quality animal care, then this is the program for you!

EARN YOUR VETERINARY HOSPITAL ASSISTANT CERTIFICATE IN 9 MONTHS!

CENTRE FOR HEALTH STUDIES

PROGRAM STARTS JULY 2013

CALL 902.429.7373 OR GO TO techealthstudies.net TODAY!



1577 Barrington Street, Halifax, NS, B3J 1Z7

Funding. New committee to study arts and culture

Artists now have a chance to shape and influence HRM policy on arts and culture.

Council has approved the creation of an ad hoc advisory council made up of professionals and stakeholders in the arts community.



Coun. Wayne Mason
METRO FILE

Coun. Wayne Mason said committee members will be asked for advice on

the best ways to support arts-and-culture programming in HRM.

"It doesn't always have to be money. It could be tied into street closures, or how people can use city facilities, or when we're willing to do a deal or provide in-kind," Mason said.

A study of funding in Hamilton, Ont., released last year suggested the per capita funding for arts in HRM is among the lowest in Canada.

"We don't have any formalized support," Mason said. "Right now, our symphony can get \$5,000 in support through community grants, and then the next lowest-funded symphony, in Edmonton, gets \$150,000."

Mayor Mike Savage, who included several arts-specific initiatives in his election campaign, said he is pleased the committee — more than two years in the making — will be a reality.

"Arts and culture is something that matters an awful lot to me, and I think it's really good for the municipality to take a serious look at how we deal with the professional arts community," he said.

RUTH DAVENPORT/METRO

HRM. New standard for bus-shelter snow removal

Bus shelters in HRM will be cleared within 48 hours of any snowfall next winter.

Regional councillors on Tuesday approved a change from the current service standard of 72 hours.

A staff report says 85 per cent of shelters are currently cleared within 12 to 36 hours, and reaching the rest within 48 hours will cost about \$280,000.

Coun. Jennifer Watts said it's an important gesture.

"For the numerous residents I've talked to ... who have really had concerns

Faster removal, higher cost

- Staff said clearing the shelters in 36 hours or less would mean more daytime snow removal, which requires traffic control and significantly increases the cost.

about the bus shelters, about getting there, feeling safe about using that system, this is a step in the right direction," she said.

RUTH DAVENPORT/METRO

Antagonish

Foul play not to blame in death of man found in river: Police

Police have ruled out foul play in the death of a man whose body was discovered in a small community just east of Antigonish.

RCMP say the man's body was found on Monday in Lower South River.

An autopsy was carried out the same day. Sgt. Brian Rehili says the man was identified, but police have decided not to release his name.

THE CANADIAN PRESS

Armed robbery

Suspect sought in pharmacy heist

RCMP are looking for a suspect after an armed holdup at a pharmacy in Queens County.

A man walked into the Caledonia Pharmasave Tuesday and demanded prescription pills. He was armed, but police did not say what kind of weapon was used. No one was hurt.

Police say the man, who they believe is in his 20s, fled in a white SUV with an undisclosed amount of drugs. The incident prompted a temporary lockdown at a nearby high school as a precaution.

THE CANADIAN PRESS



Imagine if you could turn back time ...

Andrea Norwood and Rhys Bevan-John perform a scene from *Eighteen*, which opens on Thursday and runs through May 12 at Neptune Studio Theatre. The comedy, written and directed by Michael Melski, tells the story of a retired Nova Scotia couple who move to Florida, stumble upon the fountain of youth while playing golf and wake up as 18-year-olds. EMILY KITAGAWA/FOR METRO

The ayes have it: Budget wins unanimous support

Unprecedented.

Regional councillors debate, amend and line up behind fiscal plan for 2013-14



RUTH DAVENPORT
ruth.davenport@metronews.ca

A lengthy debate over HRM's 2013-14 budget ended with an unprecedented unanimous approval.

"That appears to be unanimous. Can we do a re-vote?" Mayor Mike Savage deadpanned after the vote was revealed on Tuesday evening.

Councillors who have traditionally voted against municipal budgets were swayed by this budget's declining debt per household, reduced commercial and residential tax rates and strategic investments in capital assets and youth programming.

"This is the first budget that I'm voting for. I feel

Budget amendment

Late-night ferry service on again

Coun. Gloria McCluskey's motion to restore the late-night harbour ferry service won unanimous approval.

Metro Transit said the organization has found enough money through "efficiencies" to restore the

very good about that," Coun. Gloria McCluskey said. "We understand we can't get everything and we have to move along. It's a very good budget."

The debate, which took more than four hours, included discussions on a few amendments.

Council narrowly approved Coun. Linda Mosher's proposal to make sidewalk snow clearing a municipal re-

last sailing between Halifax and Dartmouth, which was eliminated last August because of low ridership.

McCluskey urged council to support reversing the cuts, pointing out the impact of the upcoming redecking project on the harbour bridges. The extra sailing is expected to be on the schedule by the summer.

RUTH DAVENPORT/METRO

sponsibility, paid for through the general tax rate.

Residents in 12 districts pay an area rate for the service. Homeowners are responsible for sidewalk clearing in the other three.

Mosher said people in her district with limited mobility can be "held hostage" by a negligent homeowner.

"I almost consider this a human-rights issue," she said. "We've got many seniors,

people with babies in strollers.... Not everyone's clearing their sidewalks."

The change means the average tax bill for a home assessed at \$210,000 will rise by \$4 if the homeowner already pays for sidewalk clearing. Residents who don't currently pay area rates will see an extra \$38 on their bill.

Coun. Jennifer Watts lost a motion to replace a 25-cent transit-fare hike with a two-year increase in the transit tax rate to fund technology upgrades.

"To come up with a rate increase at this point is not reflective of the direction we need to be going in terms of really promoting sustainable transportation," she said.

Opponents shouted down the proposal, saying transit improvements should be paid for by transit users.

"Why are we charging anything for buses? We might as well pay for all of it with the tax rate and let them ride for free," said Coun. Russell Walker.

Two men arrested

Five-year-old rape victim dies

A five-year-old girl has died after being raped in a brutal case that shocked India and the world.

The girl suffered cardiac arrest and died late Monday at a hospital in Nagpur city in Maharashtra state where she was being treated for injuries from the April 18 assault, said an official, Bharat Yadav.

Two men have been arrested in connection with the attack, he said.

THE ASSOCIATED PRESS

Airlines banned

Syria a no-fly zone, says Russia

Russia has banned its airlines from flying over Syria after a civilian plane was reported to have come under an unspecified threat in Syrian airspace.

The ban was announced Tuesday by the state air transport agency, Rosaviatsiya — which said some airlines continue “to operate in the airspace of the country in which hostilities are using missiles.”

Officials said the crew of a charter flight carrying 159 people from Egypt to the Russian city of Kazan saw war activities on the ground that endangered the plane. The aircraft landed safely in Kazan.

THE ASSOCIATED PRESS

SOS! Our rescue system needs rescuing: Auditor

Indictment.

Pilots, crews and the right type of aircraft are in short supply, says Ferguson

The federal auditor general says the country's search-and-rescue system is in distress and some elements are near the breaking point.

Michael Ferguson's latest report, issued Tuesday, singled out the Royal Canadian Air Force, saying an on-going shortage of pilots and trained crew puts the system in jeopardy.

He also said the country doesn't have enough — or the right type — of aircraft to respond to emergencies across the vast open spaces of land and sea.

The Harper government has repeatedly promised to deliver new aircraft to replace the air force's aging fleet of C-115 Buffaloes and older model C-130 Hercules, the workhorses of rescue missions.

Defence Minister Peter MacKay has often referred to the procurement as a “top priority.”

But the program, started under the Liberals in 2002, is not expected to deliver a new



The federal auditor general says the country's search-and-rescue system is in distress and some elements are near the breaking point. ANDREW VAUGHAN/THE CANADIAN PRESS FILE

plane until 2017.

“National Defence has not sufficiently replaced and has had difficulty maintaining its SAR aircraft at the necessary level to respond to SAR incidents effectively,” the auditor's report said.

Ferguson noted the Hercules do not have sensors and data-management systems found on search aircraft in

other countries.

The cost of maintaining the nearly 50-year-old Buffaloes has climbed to \$20 million a year and there's a shortage of spare parts.

Keeping both aircraft flying until 2017 will require substantial cash for life extensions.

Liberal critic John McKay said inaction endangers lives.

The auditor would not go so far as to say that, but insisted change is urgently required.

“At this point, we would expect they would try to put something together; a plan; a strategy that brings all of this together to address all of the concerns that we've raised,” he said.

THE CANADIAN PRESS

Lost and found

\$3.1B

Ferguson says he has been unable to track as much as \$3.1 billion in funding set aside to combat terrorism. The paper trail tracked only \$9.8 billion of the \$12.9 billion that was spent between 2001 and 2009 on myriad anti-terrorism programs. His report says the Conservative government must do a better job of reporting how taxpayer money is spent.

Mo' money, mo' problems

\$300M

Ottawa is overpaying employment insurance by at least \$300 million a year and fails to get millions of it back, the auditor general says. “Service Canada has an obligation to find and stop inappropriate claims,” says Alyson Queen, a spokesperson for Human Resources Minister Diane Finley.

The hands of time

120

Attempts to deal with the fallout of residential schools' 120 years of emotional, physical and sexual abuse of children are a mess, Ferguson says, as the Truth and Reconciliation Commission bickers with the federal government over what historical documents need to be provided and how they should be preserved.

Double killing. Mounties wasted time, money with a botched sting: Lawyer

A lawyer for a teenager on trial for two murders says Mounties wasted time and money targeting the youth in a poorly planned sting when they should have been looking for the real killer.

Mona Duckett argued in court Tuesday that the confession the youth made to undercover officers — who he believed were part of a criminal gang — should not be used as evidence.

Barry Boenke, 68, and his friend Susan Trudel, 50, were found bludgeoned and shot to death on a rural property east of Edmonton in June 2009.

Duckett said RCMP made a quick arrest and, when the

Quoted

“This operation is a product of tunnel vision by the investigators.”

Lawyer Mona Duckett in a court statement.

case fell apart against the teen and a co-accused two years later, officers forged ahead with an undercover charade that took advantage of the accused's vulnerabilities.

Duckett said it's a shame the grieving families of the victims still have no answers.

The youth cannot be named for legal reasons.

THE CANADIAN PRESS

Memory lapse? Reporter says Cherry let her into Bruins dressing room

Nearly 40 years ago, Robin Herman paved the way for female sports reporters when she became the first woman to enter an NHL dressing room.

And of all dressing rooms — it was the one coached by Don Cherry.

Yup, the same guy who caused a fuss on Hockey Night In Canada on Saturday when he said female reporters shouldn't be in an NHL dressing room.

In a “Dear Don” letter written by Herman to Cherry and published Tuesday by ESPNW.com, she reminded the controversial Coach's Corner star that he was her “hero” for letting her into



Has Grapes changed? On Saturday he ranted against women in NHL dressing rooms. YOUTUBE.COM/TORSTAR

the “Big Bad Bruins” dressing room “back in the day.”

“Don't you remember — I guess you don't,” said Herman, who was just 23 at the time.

TORSTAR NEWS SERVICE

Rehtaeh's legacy. Rona Ambrose in tears as she unveils anti-bullying cash

Rona Ambrose was brought to tears on Tuesday as she announced new government funding to help eradicate bullying among young people.

Her emotional announcement came nearly four weeks after a bullied Nova Scotia girl, Rehtaeh Parsons, took her own life.

The Public Works and Government Services Minister and Minister for Status of Women said at an Ottawa high school that the federal government is committing \$300,000 over 30 months to the Red Cross and Respect Group Inc. to bolster online educational workshops for youth and educators.

Quoted

“I've experienced it in my life. I've experienced it with people close to me and I've seen it across the country.”

An emotional Rona Ambrose on cyberbullying, harassment and abuse

“We've seen recently some very difficult cases that have affected young people when it comes to cyberbullying, harassment and abuse,” said Ambrose, who was flanked by a dozen female students from Lisgar Collegiate Institute. JOE LOFARO/METRO IN OTTAWA

Norway

Wanted: Polar-bear spotter

Do you enjoy the outdoors and have strong vocal cords? If so, Norway might have a summer job for you: Three weeks in the Arctic wilderness spotting polar bears.

The remote northern islands of Svalbard is seeking a polar bear spotter to warn researchers doing projects in the region. The job starts July 8. The successful candidate likely won't have to use a gun "just as long as they have a loud voice" to scare off any bears.

THE ASSOCIATED PRESS

Stem cells treatment

Two-year-old gets a windpipe

A two-year-old girl born without a windpipe now has a new one grown from her own stem cells, the youngest patient in to benefit from the experimental treatment.

Hannah Warren has been unable to breathe, eat, drink or swallow on her own since she was born in South Korea in 2010. Early signs indicate the windpipe is working, and doctors believe she will eventually be able to live at home and lead a normal life.

THE ASSOCIATED PRESS

Tymoshenko

Jailing was rights abuse: Euro court

Ukraine's jailing of former prime minister Yulia Tymoshenko was a politically motivated violation of her rights, Europe's human rights court ruled on Tuesday, dealing a harsh blow to President Viktor Yanukovich who has insisted the case against her was not political.

Tymoshenko was sentenced to seven years in prison in October 2011 after being convicted of exceeding her powers as premier while negotiating a gas contract with Russia.

THE ASSOCIATED PRESS

Pirate Party captures three seats in Iceland

Iceland has been stormed by pirates. They won't be forming the government, but on-line freedom advocates the Pirate Party were still big winners in the country's election.

The party, just a few months old, took 5.1 per cent of the vote in Saturday's poll, gaining three of the 63 seats in Iceland's parliament, the Althingi.

It is the biggest electoral trophy yet for a movement founded seven years ago in Sweden by a group of rebellious file-sharing geeks and



Birgitta Jonsdottir, the most senior of Iceland's three victorious Pirate Party lawmakers. THE ASSOCIATED PRESS FILE

hackers who scoffed at copyright laws.

Birgitta Jonsdottir, the most senior of Iceland's three victorious Pirate lawmakers, argues that political and legal structures around the world have not kept pace with the technological change that has transformed the way we live. She compares it to new software that can't run on an old

computer.

The Pirate Party was founded in Sweden in 2006, its name a taunt to the anti-piracy activities of copyright-holders, its logo a buccaneering black flag. It has spread to countries including the United States, but has had its greatest electoral success in northern Europe.

THE ASSOCIATED PRESS

Quoted

"The Pirates have a cool factor.... They are not typical politicians, but represent ordinary Icelanders."

Travel agent Hilmar Einarsson.

FDA to investigate added-caffeine foods

Marketing craze. Wave of jacked-up products, such as caffeinated gum, prompts safety concerns



Wrigley's Alert Energy Caffeine Gum just launched in the U.S. WM. WRIGLEY JR. COMPANY/THE ASSOCIATED PRESS

Looking for a new way to get that jolt of caffeine energy? Food companies are betting snacks like potato chips, jelly beans and gum with a caffeinated kick could be the answer.

The U.S. Food and Drug Administration is closely watching the marketing of these foods and wants to know more about their safety. The FDA said Monday it will look at the foods' effects on children in response to a caffeinated gum introduced this week by Wrigley. Alert Energy Caffeine Gum promises "the right energy, right now."

The agency is already investigating the safety of energy drinks and energy shots, prompted by consumer reports of illness and death.

Michael Taylor, FDA's deputy commissioner of foods, said

Monday that the only time FDA explicitly approved the added use of caffeine in a food or drink was in the 1950s for colas. The current proliferation of caffeine added to foods is "beyond anything FDA envisioned," he said.

"It is disturbing," Taylor said in an interview with The Asso-

In related news

- Monster Beverage is suing San Francisco's city attorney over demands the energy-drink maker reduce the amount of caffeine in its drinks and change its marketing practices.

- New York's attorney general has also subpoenaed Monster — as well as the maker of 5-Hour Energy shots and PepsiCo Inc., which makes Amp — as part of an investigation into how energy drinks are made and marketed.

ciated Press. "We're concerned about whether they have been adequately evaluated."

Taylor said the agency will look at the potential impact these "new and easy sources" of caffeine will have on children's health and will take action if necessary. THE ASSOCIATED PRESS



Hadfield phones home to unveil new \$5 bill

Astronaut Chris Hadfield unveils the new \$5 banknote while aboard the International Space Station on Tuesday. Hadfield made a cameo via satellite as outgoing Bank of Canada governor Mark Carney and Finance Minister Jim Flaherty introduced the latest in polymer currency. The \$5 bill features images of the Canadarm, a generic astronaut and Dextre, the Canadian Space Agency's robotic handyman. SEAN KILPATRICK/THE CANADIAN PRESS

Market Minute



DOLLAR
99.26¢ (+0.41¢)



TSX
12,456.50 (+143.83)



OIL
\$93.46 US (-\$1.04)



GOLD
\$1,472.10 US (+\$4.70)

Natural gas: \$4.34 US (-5¢)
Dow Jones: 14,839.80 (+21.05)

Animal welfare. Grocery stores sign on to improve pens for pregnant pigs

A group representing Canadian retailers says eight of Canada's largest supermarket chains have signed on with a push to eliminate factory-farming pens that restrict the movement of pregnant pigs.

The Retail Council of Canada says Walmart Canada, Costco Canada, Metro, Loblaw, Safeway Canada, Federated Co-operatives, Sobeys and Co-op Atlantic have all committed to sourcing their pork from farmers who don't use so-called ges-



In gestational crates, pregnant sows are unable to turn around or lay down. GETTY IMAGES FILE

tational crates. The council says the chains will make the transition over nine years.

THE CANADIAN PRESS

Life Is What You Make It!

Book Your Booth Now! Limited Space Available

EXHIBITION PARK, HALIFAX

Friday, June 7, 9:00 a.m. - 5:00 p.m.

8:00 p.m. - Midnight (dance)

Saturday, June 8, 9:00 a.m. - 5:00 p.m.

For more information visit: www.50plusexpo.ns.ca

or call Lisa Monk, Show Manager

Ph: 424-5407 or 404-7057 Fax: 424-0561

Email: lisa.monk@gov.ns.ca

or call toll free 1-800-670-0065

• FREE PARKING • EVERYTHING ON ONE LEVEL



WHY LET REPORTERS IN AT ALL?

Q: What's a First World problem?

A: A First World problem is so trivial and ridiculous that it fails to resonate with people who have real problems, such as making it to the end of the day ... and then going to bed hungry.

Female reporters in male pro-sport dressing rooms? First World problem. That it is generating any comment at all is testament to Don Cherry's remarkable ability to stoke controversy at an age when most people have already gone to bed.

You gotta hand it to Hockey Night in Canada's perpetual pundit. He rushes in where nobody else bothers to tread.

First, Duncan Keith of the Chicago Blackhawks is rude to a female reporter who needles him in his own dressing room in the wake of losing a fierce contest to the Vancouver Canucks. Then Cherry wades in and says women should not be allowed into male dressing rooms.

This is followed by everyone gleefully piling onto the old



JUST SAYIN'
Paul Sullivan
metronews.ca

guy and getting politically correct points for being oh so progressive.

Cherry loves it because he's still got it at 79, the CBC loves it because the controversy draws viewers to its only remaining hit show and all the male sportscasters love it because, compared to Don Cherry, they're enlightened. That's not saying much: Compared to Don Cherry, Klingons are enlightened.

Before I go any further, let me say unequivocally that if (and it's a big if) reporters are allowed into pro-sport dressing rooms while the players are still dressing, all reporters regardless of gender should be admitted.

Indeed, if there are male reporters who feel the need to interview female sports stars in their underwear, it should be allowed, although those reporters should be willing to pass a background check and psychological exam prior to gaining entry.

But this First World controversy completely misses the point. The point is simple: Reporters don't belong in dressing rooms any more than curmudgeons or Klingons.

It's common human courtesy and should apply across the board, including young multi-millionaires who have just lost to the Vancouver Canucks.

Think about it. You're Duncan Keith. You've barely had a chance to shower and get over losing to an arch-rival and here's some reporter in your face daring you to admit you slashed Daniel Sedin and got away with it.

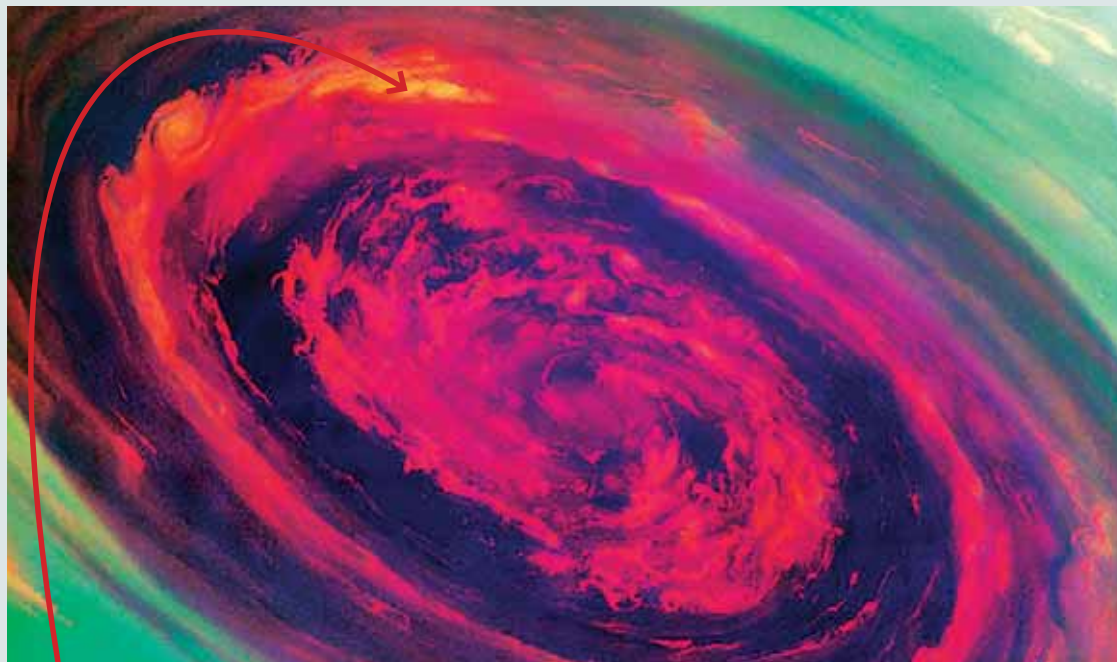
The gender of the reporter is hardly the point. The point is: Why is that reporter here in the first place?

Even if he does earn \$8 million (!) a year, Duncan Keith doesn't make enough to be required to answer provocative, hostile questions in his own dressing room. How would you like it if a reporter turned up in your bathroom and started asking you about that slash on Daniel Sedin?

Exactly. It's a First World travesty. Even if it takes an over-dressed geezer with the mind of a 12-year-old Klingon to point it out.

ZOOM

A rose on any other planet ...



NASA/JPL-CALTECH/SSI

Saturn shows off huge 'rose' vortex

NASA has named this red-petalled vortex The Rose, but behind its flowery façade is a massive hurricane-like storm at Saturn's north pole. This photograph, captured by NASA's Cassini spacecraft, was given "false colours" to highlight low clouds (in red) versus high. **MWN**

Scientist speaks



"We did a double take when we saw this vortex because it looks so much like a hurricane on Earth."

Andrew Ingersoll, a Cassini imaging team member at the California Institute of Technology in Pasadena

Sun lights up storm for NASA's camera

This image is among the first sunlit views of Saturn's north pole captured by Cassini. When the spacecraft arrived in the Saturnian system in 2004, it was northern winter and the north pole was in darkness. Saturn's north pole was last imaged under sunlight by NASA's Voyager 2 in 1981. **MWN**

By the numbers

419,000

Approximate distance in kilometres from Saturn from which the Cassini-Huygens spacecraft captured the photo. The image scale is 1.6 kilometres per pixel.

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

Now that PVR and piracy have pushed TV ads out of our lives, let's rub salt in the wound by using new technology to watch marketing relics. Because hairstyles, toys and horrible music trends come and go, but smouldering good looks are forever.



EVAN AMOS/WIKIMEDIA COMMONS

VintageTV Commercials:

Come for the Before They Were Famous section, stay for the fast-food collection starring a creepy/creepier Ronald McDonald. (you tube.com/vintageTVcommercials)

80sCommercialVault:

The name says '80s, but nuts to that. It's all about the lovingly compiled '90s ad montages pushing lousy toys, high-concept soft drinks and Look Who's Talking sequels. If you're lucky, you'll catch a Dr. Mario spot that pretty much sums up the decade. (youtube.com/80scommercialvault)

Tweets

Canada got new cash Tuesday, but some people don't get Dextre, the \$5 space robot. Focus groups deemed the handyman as too 'cartoonish' or childlike. Who would you rather see on the \$5 note?

Terry Fox
@melisawith1s

George @strombo !
@FrenchmanCanada

Canada's sweetheart, Justin Bieber.
@EvanPetrie17

if you're gonna go "cartoonish", may as well go all the way...
@AdamOmada










\$5 bill childish? The current one show 6 kids... PLAYING !!!
@CleanbyConsuelo

WE WANT TO HEAR FROM YOU:

Send us your comments: halifaxletters@metronews.ca

Your superhero's salaries

Who is making more at the day job? Iron Man or Batman? The Man of Steel or Spidey?

Inventor/genius	Freelance photographer	Physicist	Newspaper reporter	Genius/philanthropist	Norse God	Reactivated soldier
Tony Stark, a.k.a. Iron Man	Peter Parker, a.k.a. Spider-Man	Bruce Banner, a.k.a. The Incredible Hulk	Clark Kent, a.k.a. Superman	Bruce Wayne, a.k.a. Batman	Thor	Steve Rogers, a.k.a. Captain America
						
\$8.8 billion NET WORTH, SAYS FORBES MAGAZINE	\$43,000/ year INCLUDES REALES OF HIS PHOTOS	\$105,403/ year AVERAGE PHYSICIST SALARY IN THE U.S.	\$53,354/year TYPICAL SALARY OF A NEWSPAPER REPORTER	\$6.5 billion NET WORTH, SAYS FORBES	Infinity	\$64,339/ year PLUS 65 YEARS OF BACK PAY (\$2,185,560)



I want a career with **Rewards**
Now Hiring Sales Reps
joinadmiral.ca

A Really Great Place to Work.





Demi Moore. ALL PHOTOS GETTY IMAGES

Rumer has it, Demi reconciling with Willis

Following months of apparent estrangement, Demi Moore and daughter Rumer Willis seem to be reconnecting, and all it took was some yoga.

The pair was spotted, along with a few friends, attending a yoga class in West Hollywood together this past weekend, according to Us Weekly.

"They all did the class together, and after the 90 minutes they walked out as a

group," a source says.

"Demi and Rumer seemed very close, like they had been in the past. There didn't seem to be any tension or hard feelings between them."

Things have reportedly been tense between Demi and her daughters — including Rumer's sisters, Scout and Tallulah — since her split from Ashton Kutcher in late 2011 and hospitalization and rehab stay in the early part of 2012.



Lindsay Lohan

Lohan has her Porsche impounded

Lindsay Lohan has apparently been trying to squeeze as much living in before she checks into rehab — so much so that she reportedly ended up getting her Porsche towed in New York Saturday night, according to E! News.

The troubled actress

was all smiles when she hit the Brooklyn impound lot earlier this week to retrieve the vehicle, even posting a photo of herself with a lot employee to Instagram.

There was no word on exactly what she'd done to get her car towed in the first place.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Vergara denies it's going to be a Modern kind of Family



THE WORD
Dorothy Robinson
scene@metronews.ca

In June's Cosmopolitan, Sofia Vergara chats about plans for possibly starting a family with fiancé Nick Loeb.

Rumours have been swirling that the Modern

Family actress and Loeb are hiring a surrogate.

But Vergara says that rumour stems from the fact she froze her eggs.

"I had to go to my doctor's office a hundred million times to do injections. The (rumour) probably came from that," the 40-year-old says. "My doctor had told me, 'We have a small window.' I said, 'That's so rude!' I already have a kid, so I never thought I would need to do that. But I will have to use a surrogate, because I had thyroid cancer and lots of radiation. I don't want to wait forever, but not yet, because I'm working like an animal."



Matthew Perry

Matthew Perry denies being source of Friends reunion rumour

Matthew Perry wants to make it clear he was not behind the latest rumour of a Friends reunion, despite getting Jennifer Aniston jokingly naming him as the prime suspect.

"I was the first one to nix it," Perry insists to E! News.

But that doesn't mean he thinks a reunion is a bad idea — it's just not the right time yet.

"I think what we do is a show called 'Old Friends,' and it's on a park bench and when we're in our 80s," he offers.



Catherine Zeta-Jones

Zeta-Jones getting treated for bipolar disorder

Catherine Zeta-Jones has checked herself into a treatment facility to deal with her bipolar disorder, her rep confirms in a statement.

"Catherine has proactively checked into a health-care facility," the statement reads.

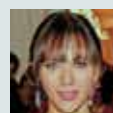
"Previously, Catherine has said that she is committed to periodic care in order to manage her health in an optimum manner."

Zeta-Jones first went public about seeking treatment for the disorder in 2011.

Twitter



@pattonoswalt
Oh my God the first 2 eps of the new AR-RESTED DEVELOPMENT. Too...many...jokes... head...splitting. Need to take a Forget Me Now.



@iamrashidajones
I wish I could un-watch Geordie Shore.



@ABFoundation
Cigarette smoking should be banned in NYC. Why? Bc there are 100,000 butts on the ground on every block

A trip to see, a riverboat fantasy

Cruising. Tired of the big box cruise ships? Try something a bit more adventurous — a trip down the Danube

DOROTHY ROBINSON

Metro World News in New York

Ocean cruising has its perks. Tropical destinations, all-you-can-eat buffets, water slides, bowling, free booze — it's a \$30 billion business meant to cater to every whim. But sometimes the excessiveness of ocean cruising can overwhelm. What if you want to experience the joys of travelling by sea without thousands of people crammed alongside you; without paying extra for excursions, or having to adhere to a rigid schedule while visiting increasingly homogenized ports of call?

Riverboat cruising plucks the aspects that make ocean cruising so attractive — the ability to hit multiple destinations without unpacking, the collegial atmosphere on board, an international, knowledgeable staff, a cosmopolitan experience — while being more refined and smaller than their big-white-boat counterparts. As the name implies, riverboat cruising uses smaller vessels that stick mainly to rivers, mostly in Europe but also in Asia and the South Pacific, the



A quaint cruise down the Danube will allow you to see a whole new side of Europe. JEFFOWENPHOTOS/FLICKR

Mediterranean and Northern Africa, and even Antarctica.

"Most of our guests are seasoned world travellers for whom the destination is still the main attraction. For them, it's not about all-night buffets or skating rinks or other novelties you find aboard big cruise ships — it's about the discovery," says Kevin Wallace, COO

of Vantage Deluxe World Travel, a premiere riverboat cruising company based in Boston. "You unpack once, then sail right into the heart of ports great and small, where sightseeing and intercultural activities are always included."

With riverboat cruising, you sacrifice water slides for accessibility and a more unique experience. Smaller

boats mean you can slip into smaller ports of call — you usually just walk off the boat and into the centre of town.

But riverboat companies aren't dumb, nor are they stuffy.

They include the perks North Americans know and love: full-service cocktail lounges with live entertainment, Internet cafés, excursions, and, yes, even

If you go...

- Visit vantagetravel.com for prices and schedules

all-you-can-eat breakfast and lunch buffets (as well as a formal sit-down dinner every night).

Wallace is celebrating the launch of the company's latest addition to their fleet, River Splendor. The new ship, part of a \$120 million investment by Vantage, has a busy year ahead: After its March christening in Antwerp, Belgium, it will spend the spring, summer and fall cruising the Rhine, Main and Danube rivers between Amsterdam and the Black Sea as the lead ship on Vantage's most popular package, the Majestic Rivers of Europe: Castles, Cathedrals and Fairytales (with stops in Vienna, Budapest and the Czech Republic), as well as the Gateway to the Black Sea trip that takes travellers from Budapest along the Danube all the way to the Black Sea resort of Constanta, Romania.

So, with these trips, instead of onboard bowling you'll just have to enjoy a home-hosted lunch with a family in Croatia instead. In lieu of a Broadway musical at night, you'll have to settle for an exclusive classical concert at the Kursalon in Vienna.

Sounds like a pretty good trade-off, no?

The whole **world** is waiting

AIR CANADA VACATIONS
BRIGHTER GETAWAYS

Classic Niçoise makes great appetizer or main with the addition of rotini



ROSE REISMAN
for more, visit
rosereisman.com or follow
her on twitter @rosereisman

This is a fantastic main course for lunch or dinner.

The healthy omega 3 fatty acids come from the tuna and help to lower the bad cholesterol and triglycerides.

Be sure, however, to only buy tuna packed in water, not oil, to save the excess calories and fat.

1. Cook pasta in boiling water according to package

Nutritional Analysis

Per serving: 333 calories; 14 g protein; total fat 12 g; saturated fat 2 g; carbohydrates 45 g; 307 mg sodium; 4 mg cholesterol; 4 g fibre

Ingredients

- 12 oz rotini
- 6 oz green beans, cut in pieces
- 1 3/4 cups chopped tomatoes
- 3/4 cup diced cucumbers
- 3/4 cup diced sweet red or green peppers
- 1/2 cup sliced red onions
- 1 can (6.5 oz or 185 g) flaked tuna packed in water, drained
- 1/3 cup sliced olives
- 1/2 cup chopped fresh dill or 125 ml 1 tbsp (15 ml) dried
- 5 anchovies, minced

Dressing

- 1/3 cup olive oil
- 1/4 cup lemon juice
- 1/4 cup balsamic vinegar
- 2 tbsp water
- 2 tsp crushed garlic
- Cucumber shavings

instructions or until firm to the bite. Rinse with cold water. Drain and place in serving bowl.

2. Blanch green beans in boiling water just until still crisp, approximately 2 minutes. Drain, rinse with cold water and add to pasta. Add tomatoes, cucumbers, sweet peppers, onions, tuna, olives, dill and anchovies.

3. Make the dressing: In small bowl combine oil, lemon juice, vinegar, water and garlic. Pour over pasta, and toss. Garnish with cucumber shavings. (For cucumber garnish, use a vegetable peeler down the length of the cucumber to create thin shavings).

ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE INC) BY ROSE REISMAN

Rotini Niçoise



This recipe serves eight as an app. It contains 333 calories and 12 grams of fat per serving. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE INC)

Drink of the Week

Eiffel Sour

- 1 oz Grey Goose Vodka
- 8 lime segments
- .25 oz simple syrup
- .25 oz St. Germain
- 1.5 oz Perrier sparkling water

In a cocktail shaker filled halfway with ice, combine Grey Goose Vodka, lime segments, simple syrup, and St. Germain. Shake well. Pour entire contents of the shaker into a tall glass. Top with Perrier and stir delicately.

RECIPE AND PHOTO COURTESY OF THE GREY GOOSE LOUNGE AT MUZIK IN TORONTO



5 ways that volunteering can boost your career prospects

Reasons to give. Build your skill sets, network with the right people and develop soft skills by donating your time

KATE MILLS
TalentEgg.ca

As you transition into summer and start looking for work, don't underestimate the power of volunteering and how it can benefit your career.

In Give and Take, author Adam Grant explains how giving can boost your career. He says the most successful givers are those who rate high in concern for others but also in self-interest.

So with that in mind, here are some reasons to give:

Work experience

Instead of applying for entry-level jobs that ask for experience you don't have, get it by volunteering — such as what I'm doing in communications at Students Offering Support.

Whether it's working with a new computer program, helping to develop a new website or using a second language, there are specific skills employers look for that you can develop by volunteering — not to mention soft skills such as team work, communication skills, adaptability and time management.

Update your resumé

A sure-fire way to have relevant experience on your resumé is by volunteering in an area where you want to build your career. A survey by TimeBank through Reed Executive found that 73 per cent of employers would recruit a candidate with volunteering experience over one without.

Networking

Volunteering at an organization that does work you want to be involved in is a natural way of networking with the right people. You meet contacts who have contacts, and you never know who might be the contact to lead you to the job you've always wanted.

The perks of being a volunteer

A recent survey by TimeBank found that 73 per cent of employers would recruit a candidate with volunteering experience over one without.

It could lead to a job

In Give and Take, Grant tells the story of George Meyer, one of the writers for The Simpsons, who many credit as being the creative genius of the show.

Before Meyer got his gig with The Simpsons, he self-published a comedy magazine just to have variety from his other job. It was a hit and made it on Rolling Stone's Hot List of the year's best in entertainment.

His magazine got so many submissions that he had to turn some of them down. Not being able to bear that, he shut the magazine down after the third issue.

The magazine ended up in the hands of The Simpsons' executive director just as the show was getting off the ground and he was looking to hire a writing team. He hired

Meyer and some of the contributors to his magazine.

Take-away point: By doing something for free, it led to work on a highly successful television show for him, and for the people he gave the opportunity to.

Improve your interviews

If you have recent and relevant career experience, you will feel more confident and have more to talk about in your job interviews. Plus, when you're volunteering with a non-profit organization, you're also working somewhere that actually makes a positive difference in the world, which can't hurt.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.



You never know which contact could lead you to your dream job. ISTOCK IMAGES



Halifax Mooseheads co-captain Trey Lewis is one of the team's leaders on defence. JEFF HARPER/METRO

Moose Lewis paid dues for shot at QMJHL title

Patience rewarded. After fair share of growing pains, Herd's co-captain has his shot at redemption



ANDREW RANKIN

andrew.rankin@metronews.ca

Four long seasons ago, Trey Lewis couldn't have imagined where he'd be today.

At 16 years old, the Halifax Mooseheads' rock-solid defenceman suited up in

just eight games during the Herd's dismal 2009-10 campaign, when they failed to make the playoffs for the second straight year.

Things got marginally better the following season when Halifax clawed its way into the playoffs with 20 regular-season wins, seven more than the previous year.

"It's pretty crazy to see where we've come in the past four seasons," Lewis said. "But through those dark years, we knew we would be building up to this."

Patience, good judgment and good fortune have led to steady progress. Last year the

Final on TV

- Sportsnet will air Game 1 of the QMJHL final between the Halifax Mooseheads and Baie-Comeau Drakkar on Friday.
- Eastlink will air Game 2 of the QMJHL final between the Halifax Mooseheads and Baie-Comeau Drakkar on Saturday.

Herd were a series shy of the QMJHL final; this year they've arrived.

"You just try to appreciate it and enjoy it the best way you can."

One of the leading defencemen in the league, the Mooseheads' tough-as-nails co-captain is all business on

the ice. He's the Herd's shut-down blue-liner.

He can take the floor in the dressing room, but he'd rather lead by example.

"I just give it my all in every situation that I'm placed in, and if my teammates notice and it helps them at all, then I guess I've

done my job."

The Herd's perfect playoff record (12-0), Lewis argues, is a result of everyone on the roster raising their game on some level.

"(Coach) Dom (Ducharme) talked to us and basically just said everyone has their role, not to do too much, bring what you can bring."

He will have one thing on his mind come Friday when the Mooseheads open their QMJHL final series against the Baie-Comeau Drakkar.

"The season we had exceeded all expectations but it won't mean anything without a championship."

QMJHL final. Drakkar coach dismisses underdog label

Eric Veilleux is preparing for the Halifax Mooseheads with his eyes wide open.

Like everyone else, the head coach of the Baie-Comeau Drakkar has witnessed the endless hype centering on Nathan MacKinnon and Jonathan Drouin and their supporting cast.

He knows, more than most, just how dangerous the Halifax Mooseheads can be.

But the head coach of last

year's Memorial Cup-winning Shawinigan Cataractes also knows how to win. Veilleux says, just like the Mooseheads, his club has earned a spot in the President Cup final against the Herd.

When the championship series gets underway on Friday, he's confident Baie-Comeau will prove its worth.

"Hockey is played on the ice, it's not played in the media,"

Veilleux said. "People can say all they want. All I can say is that we will be ready on Friday."

Veilleux is prepared for the Mooseheads to come out flying, but he intends to do what it takes to match their intensity, focusing on setting the tone in the critical opening minutes of the contest.

"We have one team, one style. That's how we win. We play both sides of the ice well,

we're able to score and we play a physical game."

In the end, he insists, if the Drakkar are to come out on top, it won't be because of any one player's heroics.

"We don't have any star players, it's more of a team effort. We need to rely on everyday grit and work ethic. Our defensive game has been our bread and butter since Day 1."

ANDREW RANKIN/METRO



Baie-Comeau coach Eric Veilleux
CONTRIBUTED

MoneyProvider.com

\$500 Loan and more No credit refused

Fast, easy and secure

1-877-776-1660

www.moneyprovider.com

Bozak won't watch Maple Leafs history from sidelines

Leafs vs. Bruins.

Linemate Phil Kessel happy to have faceoff expert back in business

Tyler Bozak isn't interested in watching the Toronto Maple Leafs' first playoff game in nine years from the press box.

The Leafs' No. 1 centre went through a full practice on Tuesday and expects to play Wednesday when they visit the Boston Bruins to open their best-of-seven Eastern Conference first-round series.

Bozak missed Toronto's final two regular-season games with an upper-body injury. He skated briefly on Monday but left practice early.

Bozak said Tuesday he felt good and desperately wants to be on the ice for the series opener.

"It's really important," he



Phil Kessel and Tyler Bozak share a laugh at practice in Toronto on Tuesday afternoon. The Maple Leafs travel to Boston to face the Bruins in the opening round of the NHL playoffs Wednesday night. LUCAS OLENIUK/TORSTAR NEWS SERVICE

said. "We've come a long way as a team the last couple of years and especially this year.

"We've played pretty good hockey together as a group and it would be tough to sit back and watch the most important

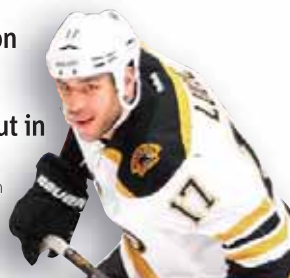
time of the year."

Bozak skated Tuesday with regular linemates Phil Kessel and James van Riemsdyk and certainly didn't look out of place. Kessel, who spoke with reporters twice Tuesday after

Next level awaits

"I think on every team you get to see the guys who are willing to put themselves and their bodies on the line in order to win, and who the pretenders are. It's going to come out in this series."

Bruising Bruins forward Milan Lucic. When asked to give a ballpark number to quantify the increase in intensity in the playoffs, Lucic said, "probably 30, 30 per cent."



declining to do so Monday, was glad to have his centre back.

"Bozie has been a big part of our team this year," Kessel said.

Having the six-foot-one, 195-pound Bozak in the lineup is a huge boost for Toronto. The 27-year-old Regina native had 12 goals and 16 assists in 46 regular-season games, but was

also the club's top faceoff man.

"Bozie is a real smart hockey player. He knows where to be on the ice, the puck kind of follows him around and his game is one where he does a lot of the little things," said Toronto head coach Randy Carlyle.

THE CANADIAN PRESS

Blackhawks open post-season with OT win over Wild

Bryan Bickell scored in overtime on a two-on-one rush, and the Chicago Blackhawks started the playoffs on a winning note after dominating the regular season, beating the Minnesota Wild 2-1 Tuesday night.

Corey Crawford settled down after allowing a weak goal in the opening minutes. Marian Hossa also scored, and the Blackhawks took the early lead in this first-round series.

Game 2 is Friday at the United Center.

The Blackhawks finally put this one away when Johnny Oduya chipped the puck off the boards up to Viktor Stalberg on the right side. Stalberg then dished it to Bickell on the two-on-one rush in front for the winner at 16:35.

Big things are expected in Chicago after a regular season that included a record start and the team's first Presidents' Trophy since 1991. THE ASSOCIATED PRESS

MLB

Encarnacion powers Blue Jays past Red Sox

Edwin Encarnacion homered twice and Rajai Davis scored three runs to lead the Toronto Blue Jays to a 9-7 win over the Boston Red Sox at Rogers Centre on Tuesday night.

Encarnacion launched a two-run blast into the fifth deck in the fifth inning and later restored Toronto's lead with a two-run shot in the seventh to help the Blue Jays end a four-game losing skid. THE CANADIAN PRESS

NBA

Nuggets stay alive in first round

Kenneth Faried brought the energy and the Denver Nuggets rediscovered their toughness in time to stave off elimination Tuesday night with a 107-100 win over the Golden State Warriors. The Nuggets slowed down Golden State's guards, jump-started their transition game in Game 5, jumping out to a 22-point lead before weathering the Warriors' late rally.

THE ASSOCIATED PRESS

NHL playoffs. Blues take upper hand over champs

Alex Steen stole the puck from goalie Jonathan Quick behind the net and scored a short-handed goal to give the St. Louis Blues a 2-1 win over the defending Stanley Cup champion Los Angeles Kings on Tuesday night.

Steen scored unassisted on a backhand shot at 13:26 of overtime less than a minute after Blues defenceman Kevin Shattenkirk was whistled for a double-minor for high-sticking when he cut Dustin Penner.

Steen also scored on a power play in the first period for the Blues, who ended an eight-

game losing streak against the team that swept them in the second round last spring.

Quick, last year's playoff MVP, made 35 saves in regulation, keeping the Kings in it before Justin Williams' tying goal with 31.6 seconds left.

Before Steen's shocker, the Kings had been on a roll, outshooting the Blues 7-0.

The Kings outscored the Blues 15-6 in the playoffs last season and 14-7 in three regular-season meetings. But they were thoroughly outplayed most of the way in Game 1.

THE ASSOCIATED PRESS



Blues goalie Brian Elliott looks to make a save against Kings forward Anze Kopitar in Game 1 of a Western Conference quarter-final series on Tuesday night in St. Louis. DILIP VISHWANATH/GETTY IMAGES

NBA

PLAYOFFS

CONFERENCE QUARTER-FINALS
(BEST-OF-7 — All Times Eastern)

EASTERN CONFERENCE

MIAMI (1) VS MILWAUKEE (8)
(Miami wins series 4-0)

NEW YORK (2) VS BOSTON (7)
(New York leads series 3-1)

Sunday's result
Boston 97 New York 90 (OT)

Wednesday's game
Boston at New York, 7 p.m.

INDIANA (3) VS ATLANTA (6)
(Series tied 2-2)

Monday's result
Atlanta 102 Indiana 91

Wednesday's game
Atlanta at Indiana, 8 p.m.

BROOKLYN (4) VS CHICAGO (5)
(Chicago leads series 3-2)

Monday's result
Brooklyn 110 Chicago 91

Thursday's game
Brooklyn at Chicago, 8 p.m.

WESTERN CONFERENCE

OKLAHOMA CITY (1) VS HOUSTON (8)
(Oklahoma City leads series 3-1)

Monday's result
Houston 105 Oklahoma City 103

Wednesday's game
Houston at Oklahoma City, 9:30 p.m.

SAN ANTONIO (2) VS L.A. LAKERS (7)
(San Antonio wins series 4-0)

DENVER (3) VS GOLDEN STATE (6)
(Golden State leads series 3-2)

Tuesday's result
Denver 107 Golden State 100

Sunday's result
Golden State 115 Denver 101

Thursday's game
Denver at Golden State, 10:30 p.m.

L.A. CLIPPERS (4) VS MEMPHIS (5)
(Series tied 2-2)

Tuesday's result
Memphis at L.A. Clippers

Saturday's result
Memphis 104 L.A. Clippers 83

Friday's game
L.A. Clippers at Memphis, TBD

x — played only if necessary.

NHL

STANLEY CUP PLAYOFFS

CONFERENCE QUARTER-FINALS
(BEST-OF-7 — All Times Eastern)

EASTERN CONFERENCE

PITTSBURGH (1) VS. N.Y. ISLANDERS (8)
Wednesday's game

NY Islanders at Pittsburgh, 7:30 p.m.

Friday's game

NY Islanders at Pittsburgh, 7 p.m.

MONTREAL (2) VS. OTTAWA (7)

Thursday's game

Ottawa at Montreal, 7 p.m.

Friday's game

Ottawa at Montreal, 7 p.m.

WASHINGTON (3) VS. N.Y. RANGERS (6)

Thursday's game

NY Rangers at Washington, 7:30 p.m.

Saturday's game

NY Rangers at Washington, 12:30 p.m.

BOSTON (4) VS. TORONTO (5)

Wednesday's game

Toronto at Boston, 7 p.m.

Saturday's game

Toronto at Boston, 7 p.m.

WESTERN CONFERENCE

CHICAGO (1) VS. MINNESOTA (8)

(Chicago leads series 1-0)

Tuesday's result

Chicago 2 Minnesota 1 (OT)

Friday's game

Minnesota at Chicago, 9:30 p.m.

ANAHEIM (2) VS. DETROIT (7)

Tuesday's result

Detroit at Anaheim

Thursday's game

Detroit at Anaheim, 10 p.m.

VANCOUVER (3) VS. SAN JOSE (6)

Wednesday's game

San Jose at Vancouver, 10:30 p.m.

Friday's game

San Jose at Vancouver, 10 p.m.

ST. LOUIS (4) VS. LOS ANGELES (5)
(St. Louis leads series 1-0)

Tuesday's result

St. Louis 2 Los Angeles 1 (OT)

Thursday's game

Los Angeles at St. Louis, 9:30 p.m.

x — played only if necessary.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	18	8	.692	—
New York	16	10	.615	2
Baltimore	15	11	.577	3
Tampa Bay	12	14	.462	6
Toronto	10	17	.370	8½

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	15	10	.600	—
Kansas City	14	10	.583	½
Minnesota	11	12	.478	3
Cleveland	11	13	.458	3½
Chicago	10	15	.400	5

WEST DIVISION

	W	L	Pct	GB
Texas	17	9	.654	—
Oakland	15	12	.556	2½
Seattle	12	16	.429	6
Los Angeles	9	16	.360	7½
Houston	8	19	.296	9½

Tuesday's results

N.Y. Yankees 7 Houston 4

Toronto 9 Boston 7

Detroit 6 Minnesota 1

Cleveland 14 Philadelphia 2

Texas 10 Chicago White Sox 6

Kansas City 8 Tampa Bay 2

L.A. Angels at Oakland

Baltimore at Seattle

Wednesday's games — All Times Eastern

Minnesota (Diamond 1-2) at Detroit

(Sanchez 3-1), 1:08 p.m.

L.A. Angels (Wilson 2-0) at Oakland

(Milone 3-2), 3:35 p.m.

Philadelphia (Lee 2-1) at Cleveland

(Bauer 0-1), 7:05 p.m.

Houston (Bedard 0-2) at N.Y. Yankees

(Phelps 1-1), 7:05 p.m.

Boston (Buchholz 5-0) at Toronto

(Buehrle 1-1), 7:07 p.m.

Chicago White Sox (Sale 2-2) at Texas

(Tepesch 2-1), 8:05 p.m.

Tampa Bay (Hellickson 1-2) at Kansas City

(Mendoza 0-1), 8:10 p.m.

Baltimore (Chen 2-2) at Seattle

(Harang 0-3), 10:10 p.m.

NATIONAL LEAGUE

Tuesday's results

Atlanta 8 Washington 1

Miami 2 N.Y. Mets 1

San Diego 13 Chicago Cubs 7

Milwaukee 12 Pittsburgh 8

St. Louis 2 Cincinnati 1

San Francisco at Arizona

Colorado at L.A. Dodgers

2013 Hyundai Santa Fe XL



ALL PHOTOS WHEELBASE

2013 Hyundai Santa Fe XL

- **Type.** Four-door, front- /all-wheel-drive wagon
- **Engine (hp):** 3.3-litre DOHC V6 (290)
- **Transmission.** Six-speed automatic
- **Base price (incl. destination)** \$31,900

Design

The Santa Fe's trimmer, sleeker design also places it higher on the attractiveness scale. Abandoned is the soap-dish shape that was in evidence with first and second-generation wagons. Along the sides and rear deck, the sheet metal is now as crisp as a starched shirt, while the grille copies a familiar Hyundai style.

Steering

Another feature is the Driver Selectable Steering Mode, which has Comfort, Normal and Sport settings. Selecting Comfort reduces steering effort by 10 per cent and aids parking maneuverability. Inversely, the Sport position firms up the steering by the same amount and increases "on-centre feel" for better highway control.



The 3.3 litre V6 engine (290 hp)

By comparison



1 Nissan Pathfinder
Base price: \$31,800



2 Chevrolet Traverse
Base price: \$34,550

All wheel drive

AWD increases the Santa Fe's \$29,200 base price by \$1,750, but is well worth it for the added control and peace of mind in slippery, muddy conditions. The system has been engineered to shift torque to a single wheel, if necessary, depending on weather and driving conditions.

Review. If you need more than five chairs and all wheel drive, this is the Hyundai for you

MALCOLM GUNN
wheelbasemedia.com

The driving distance from Veracruz, Mexico, to Santa Fe, N.M., is more than 2,500 km But Hyundai's recently retired Vera-

cruz wagon and the 2013 Santa Fe are much closer. Until its demise following the 2012 model year, the Veracruz represented Hyundai's mainstay transport for people requiring accommodations for up to seven-passengers and their belongings. Its drawbacks, including a hefty 4,300-pound base weight, eventually put it out of the running.

The Veracruz's capacity, if not its name, has been replaced by the Santa Fe, or at least one version of the Santa Fe. For the

2013 model year Hyundai has seen fit to create both a five-place model, called the Santa Fe Sport, plus an extended-length model with four inches added between the front and rear wheels that can seat six or seven, depending on the configuration. The Santa Fe now closely matches the boxier Veracruz's total cargo capacity, but is lighter by about 320 pounds.

The Santa Fe's interior reveals that Hyundai is really getting the hang of what con-

stitutes great interior design. From the sculpted dashboard and door panels to the inwardly angled primary gauges, the look is strictly premium, even without the available leather seat coverings or eight-inch touch-screen display.

The base GLS is fitted with a solid array of content but stops short of going overboard. For that you'll need to move up to the Limited that comes with dual-zone climate control, eight-way power driver's seat,

heated second-row seat, power tailgate, rearview camera, push-button start and 19-inch alloy wheels. Heading an extensive list of options is an eight-inch touch-screen navigation system and a 550-watt 12-speaker premium audio package.

The attractive Santa Fe provides more of everything to more people. Factor in a thrifty V6 and the technological improvements and it's a certainty that most Hyundai shoppers won't miss the Veracruz.

Dan's TRANSMISSION

- Free Road Test
- 1 Day Service (call for details)
- Rebuilt Transmissions Available

468-9541 485 Windmill Rd, Dartmouth
danstransmission.com

101.3
THE BOUNCE

15 minutes of
fame!

Call 420-1013 weeknights to co-host the Interactive NINE@9 with Ruby!

Discovered this week:

- ★ Meadow from Halifax
- ★ Emma from Bedford
- ★ Hailey from Dartmouth
- ★ Hannah from Bedford

Interactive
NINE@9

1013TheBOUNCE.com | Info@1013thebounce.com

How do I become a Dentist ?

Explore what you want to be and how to get there.



Visit CareerBear.com to learn more

Seasonal transition is only a list away ...



Enjoy the spring weather while you tackle your own seasonal list. iStock

Autopilot. Clean out the car, run over the ice scraper, show your support for the Leafs and prepare for the sunshine months



AUTO PILOT
Mike Goetz
drive@metronews.ca

Feels like spring is finally here. I realize it may not be spring everywhere, and especially in southern Manitoba, where they're expecting another snow storm this week, and this just after the week the

Winnipeg Jets were officially eliminated from the Stanley Cup playoffs, but I can only commiserate so much with others. I've got to get on with my own life.

Last Saturday was beautiful and warm. I had some errands to run with our Honda Fit. But before I did that I took off the winter tires and replaced them with the summers. Then I was off on my errands, which I could do with the window down and the radio up, something I haven't done since September. It felt pretty good.

It felt so good in fact that I thought of all the other things I should do, automotive wise, now that spring has sprung. Here's my list...

• Take ice scraper out of the car.

Lay it on the road. Run over it.

• Replace windshield wiper fluid with summer margarita formula.

• Wash the vehicle with lots of suds, and wearing only leopard print speedo.

• Install new bumper sticker. Something like, "Reality is the Only Obstacle to Happiness" or "I Used to Have a Handle on Life, But it Broke".

• Make sure horn is working properly and install Toronto Maple Leaf flag on the side glass, to participate in mass celebratory parade when Leafs win their first play-off game.

• Rent industrial vacuum

used in the mining industry to suck french fries out from their bunker positions deep under the rear seats.

• Make a new CD compilation of driving tunes. On second thought, commandeer our teenagers to do this — they're so much more fluent with the digital formats.

• Re-visit favourite pot holes before they get covered over and are lost forever. Maybe take pictures and create a collage.

I hope you have your own automotive spring to-do list. It's the most hopeful time of year and a chance for renewal, for both you and your vehicle. Please don't waste the opportunity.

Service Directory To advertise contact Tricia Brommit at 444-8329 May 1

REAL ESTATE

Stonington Park

THE PARKS
OF WEST BEDFORD

Shaughnessy PRESENTS...
HOMES

THE BALLANTYNE
Lowther Lane

BEST PRICING NOW!



UPPER LEVEL



MAIN FLOOR



LOWER LEVEL

CONTEMPORARY URBAN LIVING
attuned to your every need & desire.

- Natural Gas
- 3 & 4 Bedrooms
- 3.5 Baths
- Master Ensuite with Soaker Tub & Separate Shower
- Granite Countertops



Kristy Burchell
880-9995

Ken Chen
488-4513

FLEA MARKETS

SACKVILLE FLEA MARKET
32 Glendale Ave, Lr.Sackville

SUNDAYS 9am-2pm
(Sellers 7am)

ADMISSION: \$1

Outdoor Spaces Available

Call or text:
902-495-0206

MOVERS

MoveRite

17 ft Truck & 2 Men
\$75.00 per hour
No Minimum
No Gas Surcharge
Residential & Commercial
Local & Long Distance
440-6817
moverite11@gmail.com

**Give it to a friend
at no extra cost.**



BUSINESS OPPORTUNITIES

JAN-PRO CLEANING SYSTEMS

Come in for a free luncheon and information session and learn how to own your own business with the #1 fastest growing commercial cleaning franchise in the world!

**ATTEND A FREE LUNCH AND
LEARN INFORMATION SESSION:**

SATURDAY MAY 11, 12PM - 2PM
JAN-PRO CLEANING SYSTEMS
1460A BEDFORD HIGHWAY, BEDFORD, N.S.

Just Announced! JAN-PRO Ranked #1 in Home-based Franchises for 2013 by Entrepreneur magazine.



Top 10 Global Franchise
Top 5 Home-based Franchise

Ranked #1 Commercial Cleaning Franchise & Fastest
Growing in Commercial Cleaning Overall, 2013
Entrepreneur Franchise 500 Awards

Sources: USA Today, Franchise Business Review, Entrepreneur

Please RSVP:
PHONE: (902) 481-2100 • EMAIL: cheryl.isenor@jan-pro.com

HOME IMPROVEMENT

NOISY BATH?
Quiet Fan
Installed **\$119**

830.9493
Thefanwhisperer.com
Franchises Available Across North America.

CarpetDeals.ca
Carpet any room
from as little as
\$389.00
(underpad & install incl. 25 yds)
Free in-home measure & estimate!
Call Phil at **441-1993**
Quality Flooring at Big Savings

PAVING

SUNSHINE PAVING

- Driveway Paving
- Driveway Resurfacing
- Patchwork • Sealing
- Seniors discount & free estimates

CALL TODAY
404-7044

**How do I become a
Dentist ?**

Explore what you want to be
and how to get there.



Visit CareerBear.com to learn more

APARTMENTS

realstar management
it's your home

Ask about our
rental incentives



Cunard Court
2065 Brunswick St, Halifax
1 BR & 2 BR
1-888-649-3721

Harbour Ridge
1663 Brunswick St, Halifax
1 BR, 2 BR, 2 BR Large
1-888-517-4125

Bedford Heights
40 Bedros Lane, Halifax
2 BR & 2 BR Large
1-877-895-1821

Spring Garden
5770 Spring Garden, Halifax
Bachelor, 1 BR
1-877-637-4813

Stonecrest Village
80 Chipstone Close, Clayton Park
1 BR, 2 BR, 2 BR Large
1-888-459-3108

MacDonald Apartments
5885 Cunard St, Halifax
Bachelor, 1 BR & 2 BR
1-877-648-7936

Halifax Apartments
1881 Brunswick St, Halifax
1 & 2 BR, 2 BR Penthouse
1-888-904-1275

Daily Open House!

realstar.ca

FENWICK TOWER

rentals@TempletonProperties.ca
TempletonProperties.ca

starting at
\$495/month

Offering
Month-to-Month
leases

830-7081

TEMPLETON PROPERTIES
Halifax's 1st Choice for Apartments

HARBOUR VISTA APARTMENTS

NEW BUILDING

One and Two Bedroom Apartments from \$900/Month.
Includes infloor heating, h/w, balcony, 6 appliances.

Occupancy NOW to September 1st. ONE MONTH FREE RENT

5 corners near downtown. Model suite. Harbourvista Apts.

222 Portland St
809-2221
www.harbourvista.ca

\$600 Move In Incentive!

Newly renovated
1, 2 & 3 BR units
Starting at just \$675

Comfortable walking
distance to shopping,
dining, banking, Dartmouth
Crossing & Mic Mac Mall
Close to Metro Transit
routes #10 & #54

Call 902-830-1296
or email
pinegreenpark@hotmail.ca
for more details.

MetCap Apartments For Rent

"We take care of our residents. Try us and see!"
902.461.HOME(4663)

ONE MONTH FREE RENT!* *13 Month Lease.

36-36A Primrose 1 BR \$569 2 BR \$689 *Heat & Hot Water Incl.	60 Primrose 1 BR \$549 2 BR \$729	6-16 Nivens, 77 Farrell & 15 Middle St. Bach \$519 1 BR \$579 2 BR \$719 *All utilities included.
--	---	--

Book your viewing today!
Call 402.3894

175 Albion Lake Rd 1 BR \$629 *Heat, Pking & Hot Water Incl.	15/25/35 Leaman Bach \$530 1 BR \$619 *Heat & Hot Water Incl.	65 & 81 Primrose Bach \$519, 1 BR \$599 2 BR \$709 *Heat & Hot Water Incl.
--	--	---

Book your viewing today!
Call 402.2915 or 402.6827

Book your viewing today!
Call 402.6287

Book your viewing today!
Call 402.3894 or 402.2915

Ask About Our Pet Friendly Apartments
Can't get a hold of us? Call our help line at 1-877-638-2271 or email us at leasing@metcap.com

MetCap Apartments For Rent

"We take care of our residents. Try us and see!"
902.461.HOME(4663)

211-221 Glenforest 2 BR \$805 *Heat & Hot Water Incl. Book your viewing today! Call 402.3894	1-3 Farthington Place 1 BR \$589 2BR \$739 *Heat & Hot Water Incl.
--	---

11 Glenview 1 BR \$599 *Heat & Hot Water Incl. Close to Hospital and NSCC Book your viewing today! Call 830.2158 or 401.7318	141 Albion Lake 3 BR \$839 Units Include Dishwashers Book your viewing today! Call 402.2915
---	---

1 & 11 Drysdale Rd., 22-40 River Rd 2 BR \$519, 3 BR \$699 *Utilities incl. Power extra. Book your viewing today! Call 402.2915 or 830.1038	31 & 35 Highfield Park Dr. 11 Joseph Young Dr. 1 BR + Den \$579 2 BR \$627 *Utilities Extra. Book your viewing today! Call 402.2915 or 789.9926
--	---

1-10 Crystal 1 BR \$539 Book your viewing today! Call 402.6287 or 830.9060

Ask About Our Pet Friendly Apartments
Can't get a hold of us? Call our help line at 1-877-638-2271 or email us at leasing@metcap.com

NEW:
4 Bdrm Unit \$2900 & Separate Rms \$750.
Utilities Incl. + Pking.
Available June 1st.
Next to Dal Law Bldg in Hfx

DELUXE:
1 Bdrm \$850 & 2 Bdrm \$1100
Both downtown Dartmouth

Call Now: 444-3380

LANDSCAPING

Professional Tree Removal & Property Management

Arbor Best

Tree Removal and Property Services

Professional Arborist
Residential & Commercial

Open Year Round • 24 Hour Service

Senior Discounts
Insurance Claim Work
Fully Insured

Call Arbor-Best for a Free Estimate Today!
www.arborbest.com
(902) 266-9584 or (902) 266-9585
Email: arborbest.n.s@gmail.com

TIME TO TOSS IT

Debris removal,
estate clean ups,
small demos,
unit clear outs,
basements,
yards & construction.

902-449-0232

MASSAGE THERAPISTS

John Panter,

Certified Rolfer™

Are you
tired of
chronic
pain...?

902 425 2612 • fareast@auracom.com

GLADSTONE NORTH APARTMENTS

2761 GLADSTONE ST.
Call Doreen Mallon:
830 4300
GladstoneNorth.ca

2 BEDROOMS Plus DEN

- In-suite Air Conditioning
- Ideal for Professionals & Mature Adults
- Rooftop Garden
- Underground parking available
- Six Premium Appliances Including Washer/Dryer
- Secure Building With Keyless Entry

The best things in life are right outside the door!

OPEN HOUSE Weekdays, 2:00pm – 4:00pm

GREEN ROOTS LANDSCAPING

LAWN CARE SPECIALISTS

Lawn care starting at \$30
Aeration, Lime, Fertilizer pkg Starting at \$99
Call today for a free estimate!
220-6480

With this coupon only, receive \$50 OFF all lawn and landscaping services until 2014

VANNIE'S STONEWALLS

REPAIRS A SPECIALITY

Steps, walkways, concrete, etc.

20% Discounts
902-435-9343

Horoscopes

Aries

March 21 - April 20

You don't have to feel sorry for someone if you think they don't deserve it. Be true to yourself and be honest about your feelings. There are many injustices in the world but few if any of them are your fault.

Taurus

April 21 - May 21

Mars in your birth sign endows you with self-confidence but with Saturn also in the picture, be cautious. Whatever you choose to do, it will have repercussions.

Gemini

May 22 - June 21

It may seem to other people that you are easily manipulated but it isn't the truth — and it gives you an advantage. Let your rivals think you are weak then, when they are least expecting it, you can hit back.

Cancer

June 22 - July 23

Decide what it is you want to do, then look for ways to pay for it. If you are thinking about changing what you do for a living, put job satisfaction at the top of your list.

Leo

July 24 - Aug. 23

You may feel you got less than you deserve from some kind of service but don't make a fuss about it. You will soon get a chance to improve your status. You are in fact in quite a strong bargaining position.

Virgo

Aug. 24 - Sept. 23

You won't lack for enthusiasm today but what about common sense? Virgos like to think things through carefully but Mars may encourage you to take risks. In a word: don't.

Libra

Sept. 24 - Oct. 23

If there is something you want, you will find a way to get it no matter what obstacles are in your path. Once you possess it, you may find it isn't that great after all but it's the challenge that excites you.

Scorpio

Oct. 24 - Nov. 22

Don't bother trying to explain your actions to people because they won't understand. Just do what you have to do and ignore whatever criticism may come your way. What do you care what other people think?

Sagittarius

Nov. 23 - Dec. 21

You may be laid back but some people can be fussy and no doubt certain individuals will have a good moan today. Find ways to blot them out of your consciousness.

Capricorn

Dec. 22 - Jan. 20

It all seems to be coming together now. What could go wrong? Quite a lot actually. With Mars opposing your ruler Saturn today, you need to keep your wits about you. Who do you trust? Only yourself.

Aquarius

Jan. 21 - Feb. 19

Be honest about your feelings today and make sure everyone else is honest about theirs too. Some of things you hear won't be pretty but it will be better if everything is out in the open.

Pisces

Feb. 20 - March 20

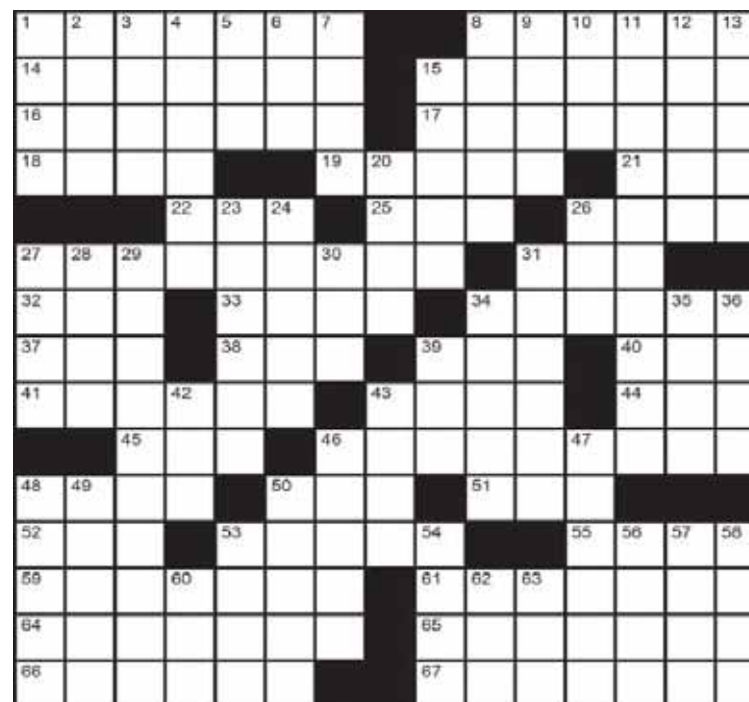
If you must get involved in a dispute, make sure you keep your head. The planets are stirring things up a bit and there will be disagreements.

SALLY ROMPTON

Crossword: Canada Across and Down

Across

1. Hot trend in skincare, ____
8. The Wealthy ____ (Bestseller by David Chilton of CBC's "Dragons' Den")
14. Musician Ms. McKennitt, born in Morden, MB
15. French actress, Catherine ____
16. "You've Got to Pick ____ or Two": Song from Oliver!
17. Jennifer of "Friends"
18. Filled food
19. Potatoes, in slang
21. Boxing bout ender, commonly
22. Gov. gigs
25. Li'l reply
26. Charges
27. 17th-century Dutch painter
31. Poetic contraction
32. Eggs, science-style
33. Victory shouts in Spain
34. Anti-virus software brand
37. Myrna of movies
38. Haunted house haze
39. Ex of Britney's, K-____
40. Alias indicator
41. Kept as is: 2 wds.
43. Knit stitch
44. Gravestone



45. Movie studio area
46. Royal Canadian Navy warships in WWII
48. Songstress Sheryl
50. Harry's pal at Hogwarts
51. Paul Anka song: "____ Beso (That Kiss!)"
52. W5 extra

53. Pops in the post
55. Present
59. Do surgery
61. Mysteries
64. Venus neighbour
65. Netflix thriller, "____ Grove"
66. Type of dessert
67. Atones

2. Gene Vincent's "Be-____-Lula"
3. Colourfully comfy shoe
4. De-tangle one's hair again
5. "Spider!!"
6. 'Germ' add-on (Relevant)
7. At-the-door rugs
8. Gives in

9. Cuckoos
10. ____ judicata (Settled court matter)
11. Canuck pastry: 2 wds.
12. Call forth
13. Jobs for Mike Holmes
15. Intimidate
20. Office supplies
23. Earning

24. Beauty parlor
26. ____-de-lance (Type of snake)
27. Bread basket item
28. "Hurray!" in ancient Greece
29. April showers bring them: 2 wds.
30. Positive opposite [abbr.]
31. Bunches and bunches
34. Audacity
35. "____ from Muskogee" by Merle Haggard
36. Short snoozes
39. Item traded in Canadian history
42. Haul
43. "On Golden ____"
46. Canadian rock band, ____ Hatch
47. Sort of switch
48. Eat loudly
49. Boxing technique, ____-dope
50. Attempt again
53. 'Dino' suffix
54. "____ gut!" (Very good, in German)
56. Bruce Springsteen's "____ Fire": 2 wds.
57. Bit of truth
58. "How naughty!" [pl.]
60. Something the cashier gives you, for short
62. Maiden name indicator
63. Tip to 'act' (Influence)

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

17°/4°
Variable

Thursday

11°/3°
Partly cloudy

Your #1 weather forecast now available in HD.
Check your local listings for details.

©The Weather Network 2013



How do I become a Dentist ?

Explore what you want to be and how to get there.

Visit **CareerBear.com** to learn more

LAST VAN STANDING!

2012 DODGE GRAND CARAVAN SE

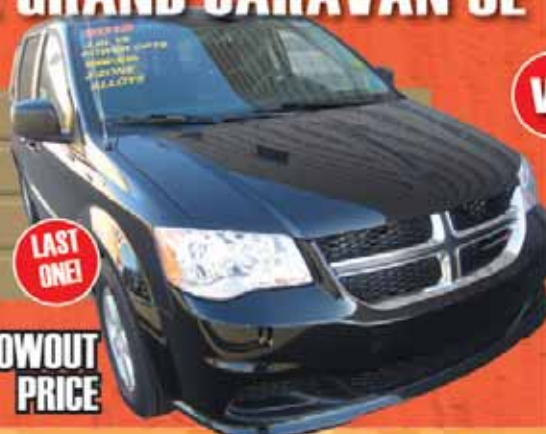
2012 DODGE GRAND CARAVAN DVD ED.

VS.

- 3.6L Pentastar V6
- Front and Rear AC
- 7 Passenger Stow N Go Seating
- Power Drivers Seat
- U Connect Hands Free Communication
- Alloy Wheels

LAST ONE!

\$21,377 BLOWOUT PRICE



- 3.6L Pentastar V6
- Front and Rear AC
- 7 Passenger Stow N Go Seating
- Power Drivers Seat
- DVD Entertainment System
- U Connect Hands Free Communication
- Alloy Wheels

LAST ONE!

\$22,377 BLOWOUT PRICE



GREAT VALUE FOR UNDER \$15,000 AT

DODGE TOWN

SPECIAL THESE TWO ONLY UNDER \$10,000



2008 CHRYSLER SEBRING TOURING

- 2.7L V6
- Leather Interior
- Power Drivers Seat
- Power Sunroof
- Fog Lights
- Alloy Wheels

\$9,995



2009 DODGE AVENGER SXT

- 2.4L 4Cyl Auto
- Air Conditioning
- Power Windows & Door Locks
- Remote Keyless Entry
- Power Drivers Seat
- Alloy Wheels



2011 DODGE CALIBER SXT

- 2.0L 4Cyl Auto
- Fog Lights
- Alloy Wheels
- Power Windows & Door Locks
- Remote Keyless Entry
- Heated Front Seats

\$12,995



2010 MAZDA 3 GX

- 2.0L 4Cyl Manual transmission
- Air Conditioning
- Speed Control
- Power Windows & Door Locks
- Remote Keyless Entry

\$13,995



2010 PONTIAC G5

- 2.2L 4Cyl Auto
- Air Conditioning
- Alloy Wheels
- Power Windows & Door Locks
- Remote Keyless Entry

\$11,995



2010 MAZDA 3

- 2.0L 4 Cyl Auto
- Air Conditioning
- Speed Control
- Power Windows & Locks
- Remote Keyless Entry
- Power Sunroof
- Sat Radio
- AND MUCH MORE!

\$12,995



2010 HYUNDAI ELANTRA SPORT

- 2.0L 4Cyl Auto
- Air Conditioning
- Speed Control
- Remote Keyless Entry
- Power Sunroof
- Rear Spoiler

\$13,995



2008 DODGE GR. CARAVAN SE

- 3.3L V6 Auto
- Air Conditioning
- 7 Pass Seating
- Power Windows & Door Locks
- Remote Keyless Entry

\$10,995



2009 DODGE CARAVAN SE

- 3.3L V6 Auto
- Front and Rear AC
- 7 Pass Stow N Go Seating
- Power Hatch
- Power Drivers Seat
- Power Sliding Door
- Alloy Wheels

\$12,995

DARTMOUTH
CHRYSLER DODGE Jeep RAM
Where Nova Scotia Comes to Save!

469-9050
DDODGE.COM

Prices exclude taxes and fees. Vehicles are exactly as shown.